

# CLASS – 12

## ENGLISH LANGUAGE

i). The students need to write a composition in about (400-450) words on the following topic:

(a) Write a story ending with "A man who wants to do something will find a way; a man who doesn't, will find an excuse".

Or

(b) Write an original story based on the thought - One lie leads to another.

ii). Revise Proposal Writing and attempt the following question:

-As a member of the Student Council of your school you have been given the responsibility of organizing a 'Career Counselling' lecture by an expert in the school. Write a proposal, in not more than 150 words, stating the steps you would take to successfully organize this lecture.

Note: The students can write in their class 11 English Language registers.

X-----X-----X-----X-----X

## ENGLISH LITERATURE

'Desiderata' a new age poem by Max Ehrmann guides the current generation and teach wisdom which one can practice in everyday life. Elaborate.

X-----X-----X-----X-----X

## हिंदी साहित्य लेखन कार्य

1) निम्नलिखित अवतरण को ध्यान पूर्वक पढ़कर प्रश्नों के उत्तर दीजिये:-

"ये वे हाथ नहीं हो सकते मैं मन में सोच रही थी, जो बच्चों को मीठी लोरी की थपकनें देकर सुलाते हैं, पति की कमीज में बटन टाँकते हैं या चिमटा-सनसी पकड़ते हैं।"

(i) प्रस्तुत पंक्तियाँ किस पाठ से ली गई हैं? इस पाठ की लेखिका कौन हैं? उन्हें कहाँ से गाड़ी पकड़नी थी?

(ii) सफर में उस डिब्बे में कौन-कौन सी महिलाएँ थीं? उनका परिचय अत्यन्त संक्षेप में दीजिए।

(iii) लेखिका ने उपर्युक्त कथन किस सन्दर्भ में कहा है?

2) हिंदी भाषा

मुहावरों का अपने वाक्यों में प्रयोग कीजिए:-

(i) तीन-पाँच करना।

(ii) कान का कच्चा होना।

(iii) हाथ तंग होना।

(iv) भीगी बिल्ली बनना।

(v) चार चाँद लगाना।

X-----X-----X-----X-----X

**PSYCHOLOGY**  
**ASSIGNMENT :I**  
**STRESS**

NOTE: Read carefully, understand and elaborate your answers with the help of your textbook - Class XI

**Meaning of Stress-** it can be described as a group of responses an organism makes to a stimulus that disturbs the physical and mental health of a person.

**Nature of Stress-**

- Negative impact on mental and physical health.
- All the effects are not undesirable.
- Also brings constructiveness and creativity.
- To some extent, acts as a motivator.
- Sometimes increases efficiency.
- Different people react differently under stress.

**Stressors-** activators of stress; maybe environmental, psychological, social, emotional, etc.

**Negative and positive stressors-** produces negative or positive effects.

**Overload-** when stressors become so strong and dominating that one no longer can adapt to them (mostly at the workplace). It results in depression, anxiety and immune disturbances.

**GAS (General Adaptation Syndrome)-** This is Hans Selye's model of stress. He described the process of stress as- experiences, notices, appraises and comprehends. The three stages are-

- a) **Alarm and mobilization-** promotes sympathetic nervous system activity. Helps prepare our body to meet threats or dangers.
- b) **Resistance-** here the arousal is lower but our body continues to draw on resources at an above normal rate in order to cope effectively with the stressors.
- c) **Exhaustion-** it occurs if the organism fails to overcome the threat and depletes its coping resources.

**Conclusion-** two important conclusions- it provides a framework of understanding our physiological responses to stressful events and secondly, it suggests a reasonable explanation of the relationship between stress and illness.

**Limitations-** it fails to consider the importance of cognitive responses in determining whether we interpret a specific event stressful.

**Answer the following questions in your own words; explain only what is asked-**

1. Name the model developed by Hans Selye.
2. What determines whether an event will be interpreted as stressful or as a challenge?
3. What is stress?
4. What is Selye's model of stress?
5. Give an example of a positive event which acts as a stressor.
6. Describe the basic nature of stress.
7. What are stressors?
8. Explain : Overload.

X-----X-----X-----X-----X

**CLASS XII : 2020-21**  
**GEOGRAPHY ASSIGNMENT**

NOTE: 1. Work should be neat and presentable.

2. For more information, content can be sourced from books as well as online resources.

**Assignment 1 :**

Q. List all the States and Union Territories of India along with their Capitals.

**Assignment 2 :(Refer to Class XI textbook, Ch. 5 Endogenous Processes and Associated Landforms)**

Q1. Explain the origin and formation of the Himalayas.

Q2. Which latest theory explains the formation of the fold mountains?

Q3. What are the features of the Deccan Plateau?

Q4. The Indo-Gangetic Plains are actually alluvial plains. Give reason.

Q5. Give any two examples to explain that the Himalayas have a deep impact on the climate of India.

Q6. With reference to India, explain the significance/advantage of the various landforms (describe according to the given points)- a) Tourism in the Himalayas

b) Agriculture in the Deccan Plateau

c) Transport in the Northern Plains.

Q7. Give reason- a) The Chhotanagpur Plateau is also called the 'Mineral Heartland of India'.

b) Agriculture is mostly practised in the Indo-Gangetic plains of India.

Q8. Write an example of each feature mentioned below (give examples only from India)-

a) Young fold mountains

b) Old fold mountains

c) Lava plateau

d) Residual hills

**X-----X-----X-----X-----X**

# COMPUTER SCIENCE

## ASSIGNMENT

### CLASS XII

**Answer the following:**

1. Write all Boolean laws and prove them using truth table?
2. What is the difference between tautology and contradiction?  
Explain using an example.
3. What do you mean by contingency?
4. What is proposition?
5. What is truth table?
6. What are the principles of duality?

X-----X-----X-----X-----X

